



# WHAT TO DO THE DAY OF YOUR TELEMEDICINE VISIT

DATE OF VISIT: \_\_\_\_\_ TIME: \_\_\_\_\_

## STEP ONE

### CHOOSE A SUPPORTED DEVICE TO USE

- A Windows or Mac computer with Chrome, Firefox, or Safari
- An iPhone or iPad with Safari
- An Android phone with Chrome

## STEP TWO

### GET READY FOR YOUR TELEMEDICINE VISIT

Follow this checklist to make sure your telemedicine visit goes smoothly

- Do you have your phone, tablet or computer?
- Does it have a camera or webcam?
- Do you have reliable cell service or wifi?
- Do you have a charger available just in case?
- Are your device and browser updated?\*
- Have you restarted your device?

If all the boxes are checked, you're ready to go

## STEP THREE

### LOG ON FOR YOUR TELEMEDICINE VISIT

1. Go to [ahanapediatrics.com](http://ahanapediatrics.com)
2. Click LOGIN at the top of the page
3. Enter the email and password you created in clinic  
EMAIL: \_\_\_\_\_ PASSWORD: \_\_\_\_\_
4. If your visit is within 15 minutes, you should see a red button, click on it
5. Test your camera and audio settings
6. Enter the visit room and wait for Dr. Scarborough to join the visit

**QUESTIONS OR ISSUES? CALL US AT 406-371-4161**

\*If you are unsure how to update, we recommend Googling how to update your respective device or browser. Google is a wealth of knowledge on the subject! If you need further assistance, feel free to contact us at the phone number above.